

**Division of Prevention & Behavioral Health Services**"Resilient Children and Families Living in Supportive Communities"

# GUIDE TO PROGRAMS AND SERVICES

# Division of Prevention and Behavioral Health Services

#### 2016

#### Carla Benson-Green, Cabinet Secretary

Department of Services for Children, Youth and Their Families

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Prevention and Behavioral Health Services

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### PREVENTION PROGRAMS

#### <u>Promoting Safe and Stable Families – (PSSF)</u>

The Promoting Safe and Stable Families Program (PSSF) is a community-based family support and preservation program which provides consultation services to families who are "at risk or in crisis" due to one or a combination of stressors that may lead to child maltreatment.

The consultation process engages and guides parents and their family through a self-assessment tool, supporting the identification of potential and presenting risk factors. The family engages in the completion of a family drive planning process to address their core concerns and needs, identifying formal and informal support systems to successfully accomplish the family established goals increasing the family protective factor in providing safe and stable family environment. DPBHS contracts with *First State Community Action Agency (New Castle, Kent & Sussex County)*, Connection in Sussex County, Jewish Family Services of Delaware in New Castle County, and two Neighborhood House sites (Wilmington & Middletown), in order to provide this program within a community-based setting statewide. \*Funded by Title IVb, Subpart 2.

\*For more information contact: Vickie Artis (302) 633-2618

#### **Delaware Fatherhood & Family Coalition – (DFFC)**

Delaware Fatherhood & Family Coalition is an extension of the Promoting Safe and Stable Families Program and the Responsible Fatherhood Initiative created specifically to give a voice to fathers and the importance of their involvement for the well-being of their children. The DFFC believes in the power of fatherhood and families where children's safety is not at risk.

The DFFC is an advocacy coalition with diverse and unified membership. The DFFC infrastructure was created to develop platforms to address social barriers and challenges that prevent fathers from being involved in raising their child (ren). The membership is made up of parents, community leaders, grass-root, service, state, interfaith and community-based organizations. The coalition connects multiple sectors of the community in a comprehensive approach, continuously develops partners, trains and educated to achieve real outcomes. \*Funded by Title IVb, Subpart 2.

\*For more information contact: admin@dffcdads.org or (855) 733-3232

#### **Child Development Watch – (CDW)**

Early intervention program for children ages birth to 3. The program's mission is to enhance the development of infants and toddlers with disabilities or developmental delays and to enhance the capacity of their families to meet the needs of their young children.

\*For more information contact: (Kent & Sussex Counties 302-424-7300; New Castle County (302) 283-7140)

#### The Intensive Family Consultation Service – (IFC)

Intensive Family Consultation is an intervention services designed to support families who are experiencing more complex issues in their lives. These multiple complex needs are associated with parent /child conflict, substance abuse, family instability associated with homelessness, single parent stressor and isolation, blended family stressors, unresolved mental health needs, absence of supports and resources, etc. IFC Services uses a team approach to assist the family in creating opportunities to acquire competencies that will permit them to mobilize supports necessary to cope, adapt, and grow in response to life's many challenges and empower families by giving them the tools needed to . . .

- Care for and protect their children
- Improve their family functioning
- Build connections to various support networks within their community
- Self-Advocate

IFC Services are provided statewide by the DPBHS staff.

\*For more information contact: Carmella Giddins-Jones (302) 892-6419

#### **Separating and Divorcing Parent Education Program (SDPE)**

On July 18, 1996, Delaware passed a law mandating divorcing parents with children up to age 17 to attend a parenting education course. Additionally, this course will specifically provide information regarding domestic violence, its prevention and effect upon children. For reference, see attached, Senate Bill 288, Title 13, Section 1507 of the Delaware Code, subsection (h) as signed by the Governor Thomas R. Carper. All programs must be certified by the Department of Services for Children, Youth and Their Families, Division of Prevention and Behavioral Health Services (DPBHS). The law also states that persons with a history of domestic violence must complete a program specifically addressing those issues. The goal of this program is to help educate parents of the effects upon their children of divorce/separation and to help both parties minimize the harmful effects on their children, whenever possible.

\*For more information contact: Regina Johnson (302) 633-2572

#### **Substance Abuse Block Grant (SABG)**

\*Supports funding for universal and targeted substance abuse prevention services. *Please contact Yvonne Bunch (302) 633-2513 for more information on the SABG.* 

#### **University of Delaware: Botvin Life Skills**

The Botvin Life Skills Training Program is free for Delaware students 8-14 years old. This comprehensive and exciting program facilitated by the University of Delaware provides children and adolescents with the confidence and skills necessary to successfully handle challenging situations. Program sessions are delivered

statewide at self-identified schools and community centers. The Botvin Life Skills Program is always seeking additional sites to deliver this program and offers train the trainer as well. Interested schools and community centers can contact, Lindsay Hughes, Extension Educator, directly at (302)856-2585 x 523.

#### **West End Neighborhood House:**

This program is designed to build and strengthen the capacity of community partners to create, safe, healthy drug-free communities. They implement a comprehensive prevention effort to promote wellness and reduce alcohol, tobacco, and other drug abuse in New Castle County through the use of the All Stars curriculum, Lunch and Learns and large scale events, like the Teen Summit, which is coordinated by area youth. Bellevue Community Center serves as the New Castle County site and West End Neighborhood House is the City of Wilmington site. Local communities and potential partners can contact West End Neighborhood House directly for more information at (302) 658-4171.

#### **Lunch and Learn Program (WENH)**

West End Neighborhood House's Lunch and Learn Program is held during the scheduled lunch periods within the school's cafeteria. Tables are set up exhibiting and disseminating factual information pertaining to alcohol and other abusive substances. Lunch and Learn is a beneficial program for the schools, as it does not take away from the normal classroom time or having to conduct extracurricular activities that can be costly; it is intended to spread positive prevention messages to the students.

The Lunch and Learn Program is informative and interactive. The program ensures that information and brochures concerning the effects of alcohol in the mind and body are distributed. Discussions pertaining to binge drinking, laws, and risky behaviors are just a few of the topics that are mentioned. The Lunch and Learn Program impacts the student body, giving the student the opportunity to engage in discussions without being embarrassed and explore perspectives, since what they have learned from their friends may not be safe or factual. Please contact West End Neighborhood House directly for more information at (302) 658-4171.

#### **Youth Prevention Frontliners Committee (WENH)**

West End Neighborhood House and Bellevue Community Center are increasing involvement and engagement in area youth through the Youth Prevention Frontliners Committee. The Prevention Frontliners are students that support adult staff in schools to lead and promote student advocacy groups. This helps the youth to build something that is their own, providing leadership and life skills as well as recognition for committee members. It also creates an increase in reception of prevention messaging if they are providing their voice to peers through media and at gatherings such as the Annual Teen Summit. Please contact West End Neighborhood House directly for more information at (302) 658-4171.

#### **Open Door: Prime for Life**

Open Door, Inc serves the lower New Castle County area and collaborates with area schools, youth serving organizations and appropriate partners to implement the evidence based invention, Prime for Life. It is designed to prevent or reduce alcohol use amount young people in grades 8-12 by presenting alcoholism in a public health model, highlighting ways to reduce risk to disease and avoiding impairment related problems. Please contact Open Door directly for more information at (302) 731-1504.

#### **New Castle Prevention Coalition: Ripple Effects**

The New Castle Prevention Coalition focuses its efforts on the city of Wilmington, including the Route 9 corridor, which has seen a dramatic upswing in the use of heroin. They promote the prevention of substance abuse through the evidenced based program Ripple Effects. It aims to reduce substance use for middle and high school aged youth. They have a partnership with Colonial to offer their programming as an alternative to out of school suspension. Ripple Effects is a student-focused interactive, software-based adaptive intervention which enhances social-emotional competencies and improve outcomes related to substance abuse. Please contact New Castle Prevention Coalition directly for more information at (302) 275-0829.

#### **Kent Sussex Community Services: Prime for Life**

Kent Sussex Community Services implements the evidence based practice of Prime for Life in Kent and Sussex counties. Their overarching goal is to delay onset or reduce alcohol and drug use for youth. To realize that goal, they use evidence based programming and develop strong and sustainable community partnerships. Please contact Kent Sussex Community Services directly for more information at (302) 735-7790.

#### **Resource Center (Pamphlets and Brochures)**

Universal intervention services are provided through the Division of Prevention and Behavioral Health Resource Center which disseminate thousands of informational pamphlets on topics including, but not limited to: child development, separation and divorce/successful co-parenting strategies, parenting skills/tips, fatherhood, stress, drug and alcohol prevention, skill building, substance abuse, bullying, mental health, coping, budgeting, child abuse, violence prevention, and a host of other topics. These materials are distributed to individuals and organizations across the state free of charge. A resource order form is provided to the individual or organization that desires to receive some materials, typically through email or fax.

The Resource Center reached out to more than 65 agencies in Delaware to assist them in building their resource areas by delivering informational pamphlets. These agencies represent schools, daycares, Head Start and early childhood centers, community centers, hospitals, universities and colleges, faith-based organizations and state organizations. Some of the organization/agency names include: Elsmere Police Department, Boys & Girls Club, Catholic Charities, Family Court, Christiana Care, Big Brothers & Big Sisters, New Beginnings, etc.

The Resource Center continues to contract with the Channing-Bete Company to manage the inventory of booklets and to direct ship materials to individuals and organizations throughout the state. The Resource Center is currently putting forth a stronger effort towards the awareness of alcohol, tobacco, prescription drug, and other drug prevention.

\*For more information contact: Christopher Miller (302) 892-6440

#### Families and Centers Empowered Together - (FACET)

(FACET) is a family engagement, family support and empowerment program located in six diverse Early Learning Centers. The program is designed to strengthen families through educational and life-enhancing /stress relieving activities, and other support services within the community. These non-threatening, family enhancing activities and support services are chosen by the parents themselves through a parent council designed to promote their involvement and give them control over the program. Through FACET, families of preschool age children are strengthened through activities designed to build community relationships, improve parenting skills, increase self-esteem and a sense of control, and reduce stress. FACET follows the belief that to do the best we can for children; we must support and strengthen their families and communities. The formula is simple: parents who possess a sense of fulfillment not only feel good about themselves and their family life, but also become better parents.

There are four FACET Providers in New Castle County which include The Kingswood Community Center, The Latin American Community Center, Mary E. Herring Child Care Center, and The Little Futures Learning Academy. Each of these sites are located in the City of

Wilmington. In Kent County, the FACET Provider Sites include The Tender Hearts Learning Center, and The Children's First Learning Center.

\*For more information contact: Carmella Giddins-Jones (302) 892-6419

#### **Project LAUNCH**

Delaware Project LAUNCH (Linking Actions for Unmet Needs in Children's Health) aims to promote the wellness of young children from birth to 8 years by addressing the physical, social, emotional, cognitive, and behavioral aspect of their development. The coordination of child-serving systems and the integration of behavioral and physical health services drive this work to ensure children are thriving in safe, supportive environments and entering school ready to learn. Additionally, the work advances Delaware's shared vision for the wellness of young children as outlined in *Sustaining Early Success: Delaware's Strategic Plan for a Comprehensive Early Childhood System.* 

Delaware Project LAUNCH focuses on neighborhoods that are feeder patters for Warner Elementary and Shortlidge Academy. These Communities long identified with multiple environmental risk factors and gaps in services and supports for youth children, birth to 8 years, and their families. These communities are areas of high poverty have experienced high crime and violence and have few, if any high quality early care and education programs.

There are five core prevention and promotion strategies identified by SAMHSA for Project LAUNCH:

- Screening and assessment in a range of child-serving settings
- ❖ Integration of behavioral health into primary care
- ❖ Mental Health consultation in early care and education
- ❖ Enhanced home visiting with a focus on social and emotional well-being
- ❖ Family strengthening and parent skills training

#### \*For more information contact: Mary Moor (302) 781-3212 or Mindy Webb at (302) 668-5468 Early Childhood Mental Health Consultation – (ECMHC)

ECMHC is a free service and partnership with providers of early care and education programs that is effective in addressing and supporting young children's social and emotional development in early care and education settings (2-5 years old). All consultants are licensed mental health professionals with experience working in early learning settings.

For more information please contact Mary Moor (302) 781-3212

#### **Youth Suicide Prevention Initiatives**

Under the Garret Lee Smith (GLS) grant we are trainings professionals on the Suicide Prevention and Resource Center's (SPRC) curriculum called Assessing and Managing Suicide RISK (AMSR), presenting at workshops to school personnel and the public on suicide, trained family crisis therapists in elementary schools on suicide prevention, working on a campaign to reduce stigma and provide social marketing on texting. This effort integrates suicide screening into

primary care medicine practices, and working with the Behavioral Health Consultants in middle schools on risk screening for suicide using a web based tool.

For a Risk Assessment call the **Child Priority Response Hotline: 1-800-969-4357 (HELP) – 24 hours/day, 7 days/week** 

\*For general information, referral and routine intake please call 1-800-722-7710

#### **Behavioral Health Consultants (BHC's)**

The Behavioral Health Services initiative was designed to allow licensed mental health professionals (BHC's) to provide brief mental health services to students in middle schools throughout Delaware. The BHC Program is a 12-Month Program. Services provided by the BHC's include the following:

- Assist with Crisis Referrals
- Complete Risk Assessments
- Complete Brief Mental Health Screenings
- Facilitate Referrals for Mental & Behavioral Health Services
- Provide Brief Individual Counseling Sessions (3-5 sessions)
- Facilitating Group Therapy Sessions
- Providing Family Therapy Sessions
- Conducting Home Visits and Engaging Families
- Collaborating with School Personnel in meeting the Youth's needs.

For more information please contact Dr. Helena Carter (302) 633-2579.

#### MIDDLE SCHOOL BEHAVIORAL HEALTH CONSULTANTS

Dr. Helena Carter, PsyD Wade Jones, LPCMH, LCDP, CADC Natasha Mullen, LPCMH, M.Ed. Sonia Songui, LPCMH, NCC

Program Manager New Castle County Coordinator 302-436-1020 Sussex County Coordinator **Kent County Coordinator** 

helena.carter@state.de.us 302-633-2579 302-685-8493 302-685-8506

wade.jones@state.de.us natasha.mullen@state.de.us sonia.songui@state.de.us

New Castle County Middle Schools	Behavioral Health Consultant	Email		
Bayard Middle School	Moneak Baskerville	moneak.baskerville@state.de.us		
Gauger- Cobb Middle School	Niki Serravalle	angela.serravalle@state.de.us		
George Read Middle School	Devon Dyal	Devon.P.Dyal@state.de.us		
Gunning Bedford Middle	Edith Porter	edith.porter@state.de.us		
H. B. DuPont Middle School	Julia Shay	julia.shay@state.de.us		
Kirk Middle School	Janine Howell-Conkey	janine.howell-conkey@state.de.us		
Kuumba Academy Charter School	Helen Ford	helen.ford@state.de.us		
McCullough Middle School	Janice Viamontie	janice.viamontie@state.de.us		
P. S. DuPont Middle School	Duwana Herbert	Duwana.herbert@state.de.us		
Prestige Academy	Norwood Coleman	Norwood.coleman@state.de.us		
Eastside Charter School	Norwood Coleman	Norwood.coleman@state.de.us		
Shue Medill Middle School	Erin Fahnoe	erin.fahnoe@state.de.us		
Redding Middle School	Alissa Bonebrake	alissa.bonebrake@state.de.us		
Skyline Middle School	Dawn Paramore	dawn.paramore@state.de.us		
Springer Middle School	Lisa Groark	lisa.groark@state.de.us		
Stanton Middle School	Donyetta Cross	donyetta.cross@state.de.us		
Talley Middle School	Danielle Milbourne	Danielle.Milbourne@state.de.us		
Thomas Edison Charter	Stephanie Kostas	Stephanie.Kostas@state.de.us		
Kent County Middle Schools	Behavioral Health Consultant	Email		
<u> </u>	GL L L L			
Central Middle School	Shelatia Dennis	shelatia.dennis@state.de.us		
Chipman Middle School Postlethwait Middle School	Cheryl Chambers Mia Pettit	cheryl.chambers@state.de.us		
Smyrna Middle School	Mike Bryson	mia.pettit@state.de.us Michael.Bryson@state.de.us		
William Henry Middle School	Shana Powell	shana.powell@state.de.us		
Milford Central Academy	Justin Linefsky	justin.linefsky@state.de.us		
Sussex County Middle Schools	Behavioral Health Consultant	Email		
Georgetown Middle School	Lindsey Levis	lindsey.levis@state.de.us		
Delmar Middle School	Avon Jones	avon.t.jones@state.de.us		
Beacon Middle School	Angela Turley	angela.turley@state.de.us		
Mariner Middle School	Shanett Hynson	Shanett.hynson@state.de.us		
Woodbridge Middle School	Susan Bennett	Susan.Bennett@state.de.us		
Seaford Middle School	Catrina Hinds	catrina.hinds@state.de.us		
Selbyville Middle School	Alison Unitis	alison.unitis@state.de.us		
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# AFTERSCHOOL AND SUMMER PREVENTION PROGRAMS

AGENCY/PROGRAM NAME	DESCRIPTION OF PROGRAM
Duffy's H.O.P.E	Ambassador Program utilizes the Phoenix Curriculum. Program provides mentoring, academic
(New Castle County)	support, gang violence support, social enrichment, gardening program. Also, group counseling,
100 W. 10 <sup>th</sup> Street	career readiness, field trips.
Wilmington, DE 19801	
Allen "Duffy" Samuels	
(302) 652-3532	
Christina Cultural Arts Center The HeArt Under the	Youth Violence Prevention Program links Urban Improv-a 14 year old evidence-based school
Hoodie	drama program operating in Boston, MA with after school arts and yoga/mindfulness activities. A
(New Castle County)	27 week interactive, improvisational drama curriculum teaches decision making conflict
705 N. Market St.	negotiation, cooperation and leadership skills. Outcome- Emotional literacy and protective
Wilmington, DE 19801	assets development. Real life practice via drama is critical to skill building focused on decision
	making, impulse control and conflict resolution.
Lynetta Fletcher	
(302) 607-1866 EXT: 23	
YMCA	After School program aim is to reduce violence, suicide and high-risk behaviors among youth.
Teen Prevention Programs	Services are provided on the East Side of Wilmington and offer YMCA youth memberships.
(New Castle County)	Transportation is provided from P.S DuPont and Bayard Middle School. Services are Monday thru
351 George Williams Way	Friday. They provide academic support and group discussions. Summer Leadership Camp is for
Newark, DE 19702	youth 13-17. Youth have access to recreation and other activities with the free membership.
Nicole Freedman	
(302) 571-6927	
Latin American Community Center	Reading is Fundamental literacy program with 125 unduplicated children grades K-5.
(Reading is Fundamental) (New Castle County)	
403 N. Van Buren Street	
Wilmington, DE 19805	
Shawn Stevens	
(302) 442-7706	
The PAL of Delaware	Evidence-based curriculum focusing on violence and suicide prevention education, cyber bullying
S.A.V.E. Suicide and Violence Education	prevention, homework support, healthy snacks, cooking classes, art, sports and fitness activities.
(New Castle County)	Educates parent youth risk for suicide. Program 5 days per week and after school. Reading
1800 Philadelphia Pike	support to youth.
Wilmington, DE 19809	
William Harden	
William Harden	
(302) 750-1002	Children's Defense Fund Freedom School is a practice approach to improving advectional
Peter Spencer Family Life Foundation	Children's Defense Fund Freedom School is a practice approach to improving educational
(New Castle County) 812 N. Franklin Street	outcomes for children. High quality academic Enrichment, Parent & Family Involvement, Social
	Action and Civic Engagement, Intergenerational Servant Leadership, Nutrition, Health and Mental Health awareness.
Wilmington, DE 19806	i i caltii awai cii coo.
Frances Livingston	
(302) 658-3838	
(302) 030-3030	

1131ka a Lukhawa	Common and offerent color wish reserve was for youth ages 10 to 10 in a high visit agreement.		
Hilltop Lutheran	Summer and afterschool enrichment programs for youth ages 10 to 18 in a high risk community		
(New Castle County)	in Wilmington. Program includes basketball, Safe Haven Game Room and Teen Center, Girls night		
1018 W. 6 <sup>th</sup> Street	out, dance group, focused media, and job readiness training. Programs are Monday- Friday 5:30		
Wilmington, DE 19805	to 9pm. Girls night out. Reading is Fundamental		
Matthew Johnson			
(302) 293-3198			
Boys & Girls Clubs of Delaware -	Greater Newark Boys and Girls Teen Town Halls TITAN Nights, Teen Scene Events, Teen Trips,		
T.I.T.A.N (Teens Inspired To Act Now) Program	Friday Night Open GYM.		
(All Counties)			
1601 N. Spruce Street			
Wilmington, DE 19802			
Stuart Sherman			
(302) 743-9935			
PAL of Wilmington	Evidence-based curriculum focusing on violence and suicide prevention education, cyber bullying		
Life SAVERS Program	prevention, homework support, healthy snacks, cooking classes, are, sports and fitness activities.		
(New Castle County)	Educates parent youth risk for suicide. Program 5 days per week.		
3707 N. Market Street	Educates parent youth his for saleder Hogistin's days per week.		
Wilmington, DE 19802			
Wilbert Miller			
(302) 764-6170			
West End Neighborhood House	After School and Summer enrichment programs with recreational activities. EBP Carrera model.		
(New Castle County)	Include mental health, education, sports, adolescent health.		
710 N. Lincoln Street			
Wilmington, DE 19805			
Wesley Davis			
(302) 658-4171 EXT. 108			
The Kingswood Community Center	Attract an increased number of youth off the streets with artistic, cultural and sports-skill		
(New Castle County)	building tracks. Organized Sports Programs, the Arts Cultural Experience. Performing Fashion		
621 N. Market Street	Shows, Music making, writing workshops, gardening and many other experience. Also Reading is		
Wilmington, DE 19801	Fundamental.		
Willington, DL 19801	i unuamentai.		
Glorita Nunally			
(302) 764-9022			
Providence Service Corporation of Delaware Youth	Youth Empowerment Program (YEP) is a community-based violence and suicide prevention		
<b>Empowerment Programs</b>	program that decreases risk factors through increased knowledge, skill, providing pro-social		
(New Castle County, and Kent Counties)	activities, physical development and academic supports to at-risk-youth.		
304 S. Harrison Street			
Wilmington, DE 19805			
Coley Harris			
(302) 573-5073			
Children & Families First	After School Boys Council Girls Circle at Seaford and Bayard Middle School		
Seaford and Wilmington	Salasa. Soys Country on the ac Scalard und Buyurd Mindic School		
(New Castle and Sussex Counties)			
809 N. Washington Street			
Wilmington, DE 19801			
11			
Sue Weimer			
(302) 777-9790			

Vmha Acadami	Drawiding reading connect to youth
Kuumba Academy	Providing reading support to youth.
(New Castle County)	
1200 N. French Street	
Wilmington, DE 19801	
Sally Maldonado	
(302) 660-4750	
University of Delaware 4H	Program offers academic assistance, programs on substance abuse, violence prevention, suicide
(Kent and Sussex Counties)	prevention, bullying, and recreational activities.
150 Academy Street	
Newark, DE 19716	
Douglas Crouse	
(302) 831-2997	
YMCA of Delaware - DOVER GIFT Afterschool	High School Females GIFT (Girls in Fitness Together) Free memberships to YMCA. Decrease
Prevention Program (Kent County)	violence and bullying among girls.
1137 S. State Street	
Dover, DE 19901	
•	
Sheri Minear	
(302) 346-9622	
DEMCO (Delaware Multicultural and Civic	Harcourt Trophies Reading program and will use a variety of other assessments to address
Organization)Reading Instruction Program	reading gaps in youth.
(Kent County)	Solar Jan
403 W. Division Street	
Dover, DE 19904	
Michael Casson	
(302) 346-5308	
Inner City Cultural League	Afterschool and Summer Cultural Enrichment activities that include theater, music, and drama.
(Kent County)	
39 South West Street	
Dover, DE 19904	
Reuben Salters	
(302) 883-2180	
Big Brothers Big Sisters Afterschool Mentoring	Mentoring for LGBT Community
Services	Wichtoring for LODY Community
(All Counties)	
6 Larch Avenue	
Wilmington, DE 19804	
willington, DL 19004	
Mary P. Fox	
(302) 998-3577	
YMCA	Provide free memberships, academic support, and create opportunities for leadership
Waves Rehoboth	
20080 Church Street	
Rehoboth Beach, DE 19971	
Lauri Weeks	
(302) 296-9622 EXT. 103	

Boys & Girls Clubs of Delaware	Reading is Fundamental literacy program with 125 unduplicated children grades K-5.		
(Sussex County)			
115 N. Race Street			
Georgetown, DE 19947			

# Wilmington Extended Hours Summer Programs Extended Hours run from June 15th to September 30th

Provider	Location	Contact	Hours offered
Wilmington Pal	3707 Market Street Wilmington DE 19805	Kenny Jackson (302)764-6171	Tuesday 8pm-10pm Thursday8pm-10pm Saturday8pm-10pm
Kingswood Community Center	2300 Bowers Street Wilmington, DE 19802	Gail Sterling (302)464-9022	Tuesday Open till 11:00pm Wednesday Open till 9:00pm Friday Open till 9:00pm
H. Fletcher Brown Boys and Girls Club	1601 N. Spruce Street Wilmington, DE 19802	Rachel Kane (302)656-1386	Tuesday thru Friday 6:30pm to 9:30pm
Walnut Street YMCA	1000 N. Walnut Street Wilmington, DE 19801	Claire Carey (302)472-9622 X218	Tuesday 7:00pm to 9:00pm Thursday 7:00pm to 9:00pm Saturday 9:30am to 9:00pm
Neighborhood House	1218 B Street Wilmington, DE 19801	Cynthia Williams (302)652-3928	Monday 6:30p.m. to 8:30p.m. Fridays 6:30p.m. to 8:30p.m. Saturday 6:30p.m. to 8:30p.m.
Latin American Community Center	403 N. Van Buren Street Wilmington, DE 19805	Ed Martinez (302)655-7338	Wednesday Thursday Friday 5:30pm to 8:30pm
William Hicks Anderson Community Center	501 N. Madison Street Wilmington, DE 19801	Sean Baker (302)571-4266	Friday 8-10pm Saturday Noon-4pm Sunday 11am-3pm
Hilltop Lutheran Neighborhood Center	1018 West 6 <sup>th</sup> Street Wilmington DE 19802	Matthew Johnson (302)656-3224	Tuesday thru Friday 5:30pm-9:00pm
Fraim's Boys & Girls Club	669 S. Union Street Wilmington DE 19805	Rachel Kane (302)655-4591	Tuesday thru Friday 6:30pm to 9:30pm
West End Neighborhood House	710 N. Lincoln Street Wilmington, DE 19805	Antwain Flowers (302)658-4171	Thursday 5:30pm to10:30pm Friday 5:30pm to10:30pm Saturday 4:00pm to6:00pm

<sup>\*</sup>For more information contact: Yvonne Bunch (302) 633-2513